

STATION 3

SEEING

FOCUS

When he was at the table with them, he took bread, blessed and broke it, and gave it to them. Then their eyes were opened.

ACTION

Tear off a piece of bread. Break it and look carefully at as you pray and then eat it.

PRAY

Lord, you are the one who feeds me.
Open my eyes and help me to see
more than meets the eye.
Amen.