

STATION 4

GROWING

FOCUS

‘Were not our hearts burning within us while he was talking to us on the road?’ That same hour they got up... Then they told what had happened.

ACTION

Light a candle and look in the mirror. See yourself as God sees you at this moment, full of potential.

PRAY

Lord, thank you that I am precious and loved by you. Help me to grow through the dark times as I journey on. Strengthen me to own and tell my story, safe in the knowledge you have called me by name – I am yours.
Amen.